



ET = Eistraining
KT = Krafttraining
TT = Trockentraining
G = Garderobe

FS = Freundschaft
MS = Meisterschaft
PO = Play-Off
TU = Turnier
ZC = Zürli-Cup

TRL = Trainingslager
Bus 1 = Ford Bus
Bus 2 = Ford Bus

TH = Torhütertraining
S1 = Schiri-Gard 1
S2 = Schiri-Gard 2

Wochenplan Woche 04

| Team | Tag | Montag 24.01.2022 | | | Dienstag 25.01.2022 | | | Mittwoch 26.01.2022 | | | Donnerstag 27.01.2022 | | | Freitag 28.01.2022 | | | Samstag 29.01.2022 | | | Sonntag 30.01.2022 | | |
|--------------|-------|----------------------|---------------------------|----|------------------------|--------------|-----|------------------------|--------------|---|--------------------------|--------------|---------|-----------------------|--------------|---------|-----------------------|--------------|---|-----------------------|------------|-----|
| | Was | Wo | Art / Zeit | G | Trsp | Art / Zeit | G | Trsp | Art / Zeit | G | Trsp | Art / Zeit | G | Trsp | Art / Zeit | G | Trsp | Art / Zeit | G | Trsp | | |
| Swiss League | Halle | | ET 1200-1315 | 1 | | ET 1145-1245 | 1 | | ET 1115-1200 | 1 | | ET 1100-1230 | 1 | | ET 1145-1245 | 1 | | ET 1130-1215 | 1 | | MS 1600 | 1 |
| | Feld | | | | | Langenthal | | | | | | | | | | | | | | | Thurgau | 3/4 |
| | Away | | | | | MS 1946 | | Car | | | | | | | | | | | | | | |
| U-20 Top | Halle | | | | ET 2045-2200 | 2 | | ET 2045-2200 | 2 | | ET 2015-2115 | 2 | | | | | | | | | Seewen | |
| | Feld | | | | TT 1945 | | | TT 1945 | | | TT 1915 | | | Ajoie | | | | | | Innerschwyz | | |
| | Away | | | | | | | | | | | | MS 2030 | Car | | | | | | MS 1630 | Car | |
| U-20 A | Halle | | | | | | | | | | | | | | | | | | | | | |
| | Feld | | | | | | | | | | | | | | | | | | | | | |
| | Away | | | | | | | | | | | | | | | | | | | | | |
| U-17 Top | Halle | | | | ET 1915-2030 | 3 | | ET 1915-2030 | 3/4 | | ET 1900-2000 | 5 | | | | | | | | | MS 1230 | 2 |
| | Feld | | | | TT 1815 | s2 | | | s1 | | TT 1800 | s2 | | | | Uzwil | | | | St. Moritz | 5 | |
| | Away | | | | | | | | | | | | | | | MS 1915 | Pw | | | | | |
| U-17 A | Halle | | Aussenfeld | | | | | ET 1915-2030 | 3/4 | | | | | | | | | | | | | |
| | Feld | | Effretikon | | | | | | s1 | | ET 1915-2015 | 4 | | | | | | | | | | |
| | Away | | ET 1830-2000 | | Pw | | | | | | TT 1800 freiwillig | s1 | | | | | | | | | | |
| U-15 Elit | Halle | | | | gem. Aufgebot | | | KEBO | | | | | | ET 1845-1945 | 2 | | | | | | | |
| | Feld | | | | ET 1815-1915 | 4 | | ZSC | | | | | TT 1745 | s2 | | Lugano | | | | | | |
| | Away | | | | TT 1715 | s2 | | MS 1845 | Pw | | | | | | | MS 1500 | Car | | | | | |
| U-15 Top | Halle | | ET 1830-1945 | 5 | | | | ET 1745-1900 | 5/6 | | | | | | | | | | | | MS 0800 | 6 |
| | Feld | | | s2 | | | | | s2 | | Effretikon | | | | | | | | | | | |
| | Away | | | | | | | | | | ET 2000-2115 | Pw | | gem. Aufgebot | | | | | | | Rapperswil | 4 |
| U-15 A | Halle | | ET 1830-1945 | 5 | | | | ET 1745-1900 | 5/6 | | | | | ET 1730-1830 | 5 | | | | | | in Effi | |
| | Feld | | | s2 | | | | | s2 | | Effretikon | | | | s2 | | | | | | Thalwil | |
| | Away | | | | | | | | | | ET 2000-2115 | Pw | | | | | | | | | ZC 1600 | |
| U-13 Elit | Halle | | freiwillig freies Chneblä | | | | | ET 1615-1730 | 3/4 | | | | | ET 1615-1715 | 3/4 | | MS 1245 | 2 | | | | |
| | Feld | | ET 1730-1840 | 4 | s2 | ET 1645-1800 | 5/6 | gem. Aufgebot | s1 | | | | | | s1 | | Kloten | 4 | | | | |
| | Away | | | | | | s1 | | | | | | | | | | | | | | | |
| U-13 Top | Halle | | freiwillig freies Chneblä | | | | | | | | | | | ET 1615-1715 | 3/4 | | | | | | | |
| | Feld | | ET 1730-1840 | 4 | s2 | ET 1645-1800 | 5/6 | | | | | | | | s1 | | | | | | Rapperswil | |
| | Away | | | | | | s1 | | | | | | | | | | | | | | MS 1145 | Pw |
| U-13 A | Halle | | freiwillig freies Chneblä | | | | | | | | | | | ET 1615-1715 | 3/4 | | Dolder | | | | | |
| | Feld | | ET 1730-1840 | 4 | s2 | ET 1645-1800 | 5/6 | | | | | | | | s1 | | GCK | | | | Turnier in | Bus |
| | Away | | | | | | s1 | | | | | | | | | | MS 1800 | Pw | | Münchenbuchsee | 1+2 | |

| Team | Tag | Montag 24.01.2022 | | | Dienstag 25.01.2022 | | | Mittwoch 26.01.2022 | | | Donnerstag 27.01.2022 | | | Freitag 28.01.2022 | | | Samstag 29.01.2022 | | | Sonntag 30.01.2022 | | |
|--------|-------|----------------------|--------------|---|------------------------|---------------|---|------------------------|--------------|-----|--------------------------|--------------|-----|-----------------------|------------|---|-----------------------|------------|---|-----------------------|-------------|----|
| | Was | Wo | Art / Zeit | G | Trsp | Art / Zeit | G | Trsp | Art / Zeit | G | Trsp | Art / Zeit | G | Trsp | Art / Zeit | G | Trsp | Art / Zeit | G | Trsp | | |
| U-11 1 | Halle | | Laufschule | | | ET 0600-0700 | 4 | | | | | | | | | | | | | | (5-5 längs) | |
| | Feld | | ET 1745-1915 | 3 | 2. Feld | | | | ET 1515-1630 | 2 | | ET 1645-1745 | 3/4 | | | | | | | | Rapperswil | |
| | Away | | | | | gem. Aufgebot | | | | | | | | | | | | | | | FS 0915 | Pw |
| U-11 2 | Halle | | Laufschule | | | ET 0600-0700 | 4 | | | | | | | | | | | | | | | |
| | Feld | | ET 1745-1915 | 3 | 2. Feld | | | | ET 1515-1630 | 2 | | ET 1645-1745 | 3/4 | | | | | | | | | |
| | Away | | | | | gem. Aufgebot | | | | | | | | | | | | | | | | |
| U-9 1 | Halle | | | | | ET 0600-0700 | 5 | | | | Laufschule | | | | | | | | | | | |
| | Feld | | ET 1615-1715 | 6 | | | | | ET 1345-1500 | 5/6 | | ET 1745-1915 | 6 | 2. Feld | | | EIE | | | | | |
| | Away | | | | | | | | | | gem. Aufgebot | | | | | | MS 1430 | Pw | | | | |
| U-9 2 | Halle | | | | | ET 0600-0700 | 5 | | | | Laufschule | | | | | | | | | | | |
| | Feld | | ET 1615-1715 | 6 | | | | | ET 1345-1500 | 5/6 | | ET 1745-1915 | 6 | 2. Feld | | | | | | | Wollerau | |
| | Away | | | | | | | | | | gem. Aufgebot | | | | | | | | | | MS 0800 | Pw |

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|-----------|-------|--|--------------|---|--|--|--|-------------------|-----|--|--------------|-----|--|--|--|--|------------|----|--|--|--|--|
| 3. Liga | Halle | | | | | | | ev. mit | | | ET 2130-2245 | 3/4 | | | | | MS 1700 | 2 | | | | |
| | Feld | | ET 2035-2145 | 2 | | | | Sen/Vet für | | | | | | | | | Wilten | 3 | | | | |
| | Away | | | | | | | nicht 2G+ Spieler | | | | | | | | | | | | | | |
| Senioren | Halle | | | | | | | | | | | | | | | | MS 1945 | 6 | | | | |
| | Feld | | | | | | | ET 2020-2150 | 5/6 | | | | | | | | Akademiker | 4 | | | | |
| | Away | | | | | | | | | | | | | | | | | | | | | |
| Veteranen | Halle | | | | | | | | | | | | | | | | Dolder | | | | | |
| | Feld | | | | | | | ET 2020-2150 | 5/6 | | | | | | | | GCK | | | | | |
| | Away | | | | | | | | | | | | | | | | MS 2030 | Pw | | | | |

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|------------------|-------|--|--------------|---|--|--------------|---|--|--|--|--|--|--|--------------|---|--|--------------|------|--|--|--|--|
| Torhüter | Halle | | | | | | | | | | | | | | | | | | | | | |
| | Feld | | | | | | | | | | | | | | | | | | | | | |
| | Away | | | | | | | | | | | | | | | | | | | | | |
| Schule und Sport | Halle | | | | | ET 0810-0905 | 2 | | | | | | | ET 0745-0845 | 2 | | | | | | | |
| | Feld | | ET 1500-1600 | 2 | | TT 0740-0940 | | | | | | | | TT 0715-0930 | | | | | | | | |
| | Away | | | | | | | | | | | | | | | | | | | | | |
| Fördertrainings | Halle | | | | | ET 0700-0755 | 3 | | | | | | | ET 0630-0730 | 3 | | | | | | | |
| | Feld | | | | | | | | | | | | | | | | | | | | | |
| | Away | | | | | | | | | | | | | | | | | | | | | |
| Hockeyschule | Halle | | | | | | | | | | | | | | | | | | | | | |
| | Feld | | | | | | | | | | | | | | | | ET 0945-1045 | öff. | | | | |
| | Away | | | | | | | | | | | | | | | | | | | | | |
| Diverses Spezial | Halle | | | | | | | | | | | | | | | | | | | | | |
| | Feld | | | | | | | | | | | | | | | | | | | | | |
| | Away | | | | | | | | | | | | | | | | | | | | | |

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|-------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|------------------|--|--|-----------------------|--|--|------------|--|--|
| Bemerkungen | | | | | | | | | | | | Schulsport 1545-1630 | | | Eisdisco ab 2000 | | | Sternlilist 0800-1200 | | | | | |
| Wichtig | | | | | | | | | | | | Einlaufen / Auslaufen / Kräftigung nach jedem Training und Spiel, - nach Anweisung der Trainer ! (ca.15 Min) | | | | | | bearbeitet / stegi | | | 17.01.2022 | | |