



ET = Eistraining  
KT = Krafttraining  
TT = Trockentraining  
G = Garderobe

FS = Freundschaft  
MS = Meisterschaft  
PO = Play-Off  
TU = Turnier

TRL = Trainingslager  
Bus 1 = VW Bus Bus  
2 = VW Bus

## Wochenplan Woche 48

| Team               | Tag<br>Dat | Montag<br>27.11.17   |    |                                   |     | Dienstag<br>28.11.17 |            |   |                      | Mittwoch<br>29.11.17 |     |      |               | Donnerstag<br>30.11.17 |      |            |   | Freitag<br>01.12.17 |            |   |      | Samstag<br>02.12.17 |   |      |            | Sonntag<br>03.12.17 |         |              |      |
|--------------------|------------|--|----|-----------------------------------|-----|----------------------|------------|---|----------------------|----------------------|-----|------|---------------|------------------------|------|------------|---|---------------------|------------|---|------|---------------------|---|------|------------|---------------------|---------|--------------|------|
|                    |            | Was  | Wo | Art / Zeit                        | G   | Trsp                 | Art / Zeit | G | Trsp                 | Art / Zeit           | G   | Trsp | Art / Zeit    | G                      | Trsp | Art / Zeit | G | Trsp                | Art / Zeit | G | Trsp | Art / Zeit          | G | Trsp | Art / Zeit | G                   | Trsp    |              |      |
| NLB                | Halle      |  |    | ET 1830-1945                      | 1   |                      |            |   | ET 1200-1315         | 1                    |     |      |               | ET 1530-1700           | 1    |            |   | MS 2000             | 1          |   |      | ET 1130-1215        | 1 |      |            |                     |         |              |      |
|                    | Feld       |  |    |                                   |     |                      |            |   | Biasca               |                      |     |      |               | ET 1200-1315           |      |            |   | Langenthal          | 3/4        |   |      |                     |   |      | Thurgau    |                     |         |              |      |
|                    | Away       |  |    |                                   |     |                      |            |   | MS 2000              |                      | Car |      |               |                        |      |            |   |                     |            |   |      |                     |   |      |            | MS 1700             |         |              |      |
| Elite B            | Halle      |  |    |                                   |     |                      |            |   | ET 2030-2130         | 2                    |     |      | ET 2030-2200  | 2                      |      |            |   |                     |            |   |      |                     |   |      |            | MS 1700             | 2       |              |      |
|                    | Feld       |  |    | ET 2035-2145                      | 2   |                      |            |   | TT 1930              |                      |     |      | TT 1930       |                        |      |            |   |                     |            |   |      |                     |   |      | La C.d.F.  |                     | Thurgau | 5            |      |
|                    | Away       |  |    | gem. Aufgebot                     |     |                      |            |   |                      |                      |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      | MS 1445    |                     | Car     |              |      |
| Novizen Top        | Halle      |  |    |                                   |     |                      |            |   | ET 1915-2015         | 3                    |     |      | ET 1915-2015  | 6                      |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Feld       |  |    | ET 2035-2145                      | 2   |                      |            |   |                      | s2                   |     |      |               | s2                     |      |            |   |                     |            |   |      |                     |   |      | Rheintal   |                     | Bus     |              |      |
|                    | Away       |  |    | gem. Aufgebot                     |     |                      |            |   |                      |                      |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      | MS 1715    |                     | Bus     | 1+2          |      |
| Novizen A          | Halle      |  |    |                                   |     |                      |            |   | ET 1915-2015         | 3                    |     |      | ET 1915-2015  | 6                      |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Feld       |  |    |                                   |     |                      |            |   |                      | s2                   |     |      |               | s2                     |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Away       |  |    |                                   |     |                      |            |   |                      |                      |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
| Mini A             | Halle      |  |    |                                   |     |                      |            |   |                      | s2                   |     |      | ET 1615-1730  | 5                      |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Feld       |  |    | ET 1730-1840                      | 5/4 |                      |            |   | ET 1815-1915         | 4                    |     |      | gem. Aufgebot | s2                     |      |            |   |                     |            |   |      |                     |   |      |            |                     | Urdorf  |              |      |
|                    | Away       |  |    | Garderobe muss bis 1900 leer sein |     |                      |            |   | TT 1930-2015         | s2                   |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     | MS 1010 | Pw           |      |
| Mini B             | Halle      |  |    |                                   |     |                      |            |   |                      | s2                   |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Feld       |  |    | ET 1730-1840                      | 5/4 |                      |            |   | ET 1815-1915         | 4                    |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Away       |  |    | Garderobe muss bis 1900 leer sein |     |                      |            |   | TT 1930-2015         | s2                   |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         | KEK          |      |
| Moskito Top        | Halle      |  |    |                                   |     |                      |            |   |                      |                      |     |      | ET 1745-1850  | 2                      |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Feld       |  |    |                                   |     |                      |            |   | ET 1645-1800         | 5/6                  |     |      |               | s2                     |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Away       |  |    |                                   |     |                      |            |   | Laufschule 1800-1900 |                      |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         | ev 1700      | 5    |
| Moskito A          | Halle      |  |    |                                   |     |                      |            |   |                      |                      |     |      | ET 1745-1900  | 3/4                    |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Feld       |  |    |                                   |     |                      |            |   | ET 1645-1800         | 5/6                  |     |      |               | s2                     |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Away       |  |    |                                   |     |                      |            |   | Laufschule 1800-1900 |                      |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         | ET 1745-1850 | 2    |
| Moskito B Gr. 2    | Halle      |  |    |                                   |     |                      |            |   |                      |                      |     |      | ET 1745-1900  | 3/4                    |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Feld       |  |    |                                   |     |                      |            |   | ET 1645-1800         | 5/6                  |     |      |               | s2                     |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Away       |  |    |                                   |     |                      |            |   | Laufschule 1800-1900 |                      |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         | KEK          |      |
| Moskito B Gr. 3    | Halle      |  |    |                                   |     |                      |            |   |                      |                      |     |      | ET 1745-1900  | 3/4                    |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Feld       |  |    |                                   |     |                      |            |   | ET 1645-1800         | 5/6                  |     |      |               | s2                     |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Away       |  |    |                                   |     |                      |            |   | Laufschule 1800-1900 |                      |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         | GCK          |      |
| Piccolo A          | Halle      |  |    | Laufschule                        |     |                      |            |   | ET 0600-0700         | 4/5                  |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Feld       |  |    | 1745-1915                         | 3   |                      |            |   |                      |                      |     |      | ET 1515-1630  | 6                      |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Away       |  |    | gem. Aufgebot                     |     |                      |            |   |                      |                      |     |      | TT 1415       |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         | Turnier      | Bus  |
| Piccolo B          | Halle      |  |    | Laufschule                        |     |                      |            |   | ET 0600-0700         | 4/5                  |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Feld       |  |    | 1745-1915                         | 3   |                      |            |   |                      |                      |     |      | ET 1515-1630  | 6                      |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Away       |  |    | gem. Aufgebot                     |     |                      |            |   |                      |                      |     |      | TT 1415       |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         | MS 1245      |      |
| Bambini "Bini"     | Halle      |  |    |                                   |     |                      |            |   | ET 0600-0700         | 4/5                  |     |      | Laufschule    |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Feld       |  |    | ET 1615-1715                      | 6   |                      |            |   |                      |                      |     |      | 1745-1915     | 6                      |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Away       |  |    |                                   |     |                      |            |   |                      |                      |     |      | gem. Aufgebot |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         | Heuried      |      |
| Bambini "Bambi"    | Halle      |  |    |                                   |     |                      |            |   | ET 0600-0700         | 4/5                  |     |      | Laufschule    |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Feld       |  |    | ET 1615-1715                      | 6   |                      |            |   |                      |                      |     |      | 1745-1915     | 6                      |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Away       |  |    |                                   |     |                      |            |   |                      |                      |     |      | gem. Aufgebot |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         | Turnier      | Pw   |
| 3.Liga             | Halle      |  |    |                                   |     |                      |            |   | ET 2145-2300         | 5                    |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Feld       |  |    |                                   |     |                      |            |   |                      |                      |     |      | ET 2130-2245  | 5                      |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Away       |  |    |                                   |     |                      |            |   |                      |                      |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         | Wetzikon     |      |
| Senioren           | Halle      |  |    |                                   |     |                      |            |   |                      |                      |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Feld       |  |    |                                   |     |                      |            |   |                      |                      |     |      | ET 2015-2145  | 5                      |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Away       |  |    |                                   |     |                      |            |   |                      |                      |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
| Veteranen          | Halle      |  |    |                                   |     |                      |            |   |                      |                      |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Feld       |  |    |                                   |     |                      |            |   |                      |                      |     |      | ET 2015-2145  | 5                      |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Away       |  |    |                                   |     |                      |            |   |                      |                      |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         | MS 1930      | 2    |
| Torhüter           | Halle      |  |    | Elite-Nov                         |     |                      |            |   |                      |                      |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Feld       |  |    | ET 2035-2145                      | 2   |                      |            |   |                      |                      |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Away       |  |    | s2                                |     |                      |            |   |                      |                      |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
| Schule und Sport   | Halle      |  |    |                                   |     |                      |            |   | ET 0700-0800         | 2                    |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Feld       |  |    |                                   |     |                      |            |   |                      |                      |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Away       |  |    |                                   |     |                      |            |   |                      |                      |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         | ET 0700-0800 | 2    |
| Hockey-schule      | Halle      |  |    |                                   |     |                      |            |   |                      |                      |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Feld       |  |    |                                   |     |                      |            |   |                      |                      |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Away       |  |    |                                   |     |                      |            |   |                      |                      |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         | ET 0945-1045 | off. |
| Diverses Spezial   | Halle      |  |    |                                   |     |                      |            |   |                      |                      |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Feld       |  |    |                                   |     |                      |            |   |                      |                      |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
|                    | Away       |  |    |                                   |     |                      |            |   |                      |                      |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
| <b>Bemerkungen</b> |            | Schulsport 1545-1630<br>Medienraum 1730-1830<br>Platzorganisation<br>Gard 6 ab 1845                          |    |                                   |     |                      |            |   |                      |                      |     |      |               |                        |      |            |   |                     |            |   |      |                     |   |      |            |                     |         |              |      |
| <b>Wichtig</b>     |            | Einlaufen / Auslaufen / Kräftigung nach jedem Training und Spiel, - nach Anweisung der Trainer ! (ca.15 Min) |    |                                   |     |                      |            |   |                      |                      |     |      |               |                        |      |            |   | bearbeitet / stegi  |            |   |      | 30.10.17            |   |      |            |                     |         |              |      |